

# January 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	2	3	4	5	6	7
New Year's Day				Bill Fowler from "Live Well"		
8	9	10	11	12	13	14
Brandie- Exercise Video			10:00 A.M. Walking at AFLC coffee afterwards	Group discussion - Future of our Men's Shed		
15	16	17	18	19	20	21
Anton Coetzee- Arctic presentation			10:00 A.M. Walking at AFLC coffee afterwards	Sonia Koczekan - Therapy Horses for PTSD		
22	23	24	25	26	27	28
Steve Vickers. - NHL Hockey Player and the New York Rangers			10:00 A.M. Walking at AFLC coffee afterwards	Jaime Cruz. - Alzheimer's Society of York Region		
29	30	31	1	2	3	4
Ross MacPhail						
5	6	Notes				

# February 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
29 Jan. 29 MacPhail	Ross 30	31	1 10:00 A.M. Walking at AFLC coffee afterwards	2 Brandie -In-person Balance Program	3	4
5 Ron Weese- Councillor Ward 1 Discussion re: Men's Shed and volunteering	6	7	8 10:00 A.M. Walking at AFLC coffee afterwards	9 John Cooper - Biking in British Columbia	10	11
12 Hilary Richardson from Chats	13	14	15 10:00 A.M. Walking at AFLC coffee afterwards	16 Heidi Bonner - Hope House Community hospice	17	18
19 Family Day- Holiday No Men's Shed	20	21	22 10:00 A.M. Walking at AFLC coffee afterwards	23 Shelly Ware/ Erin Hamilton- Special Events in Aurora	24	25
26 Sandra Seepaul - Aurora Food Pantry	27	28	29 10:00 A.M. Walking at AFLC coffee afterwards	1	2	3
4	5	Notes				

# March 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
26	27	28	29	1 Gord Shepard- Aurora Auroraboralis Band	2	3
4 Amanda Hartman - Neighbourhood Network	5	6	7 10:00 A.M. Walking at AFLC coffee afterwards	8 Doug Wrigglesworth - Sherlock Holmes Criminal Profiler	9	10
11 Bruce Corbett - "What you should know about the Oak Ridges Trail"	12	13	14 10:00 A.M. Walking at AFLC coffee afterwards	15 Brandie - Exercise Program	16	17
18 Hillary Kahramanoglu. Hillary Historical society	19 Casual drop-in Wycliffe Room 1-3 p.m.	20	21 10:00 A.M. Walking at AFLC coffee afterwards	22 Ken Smith, Brad Wilson - Arboretum	23	24
25 Rob Gaby - Sugaring Aurora Project (SAP) Maple Syrup	26 Casual drop-in Wycliffe Room 1-3 p.m.	27	28 10:00 A.M. Walking at AFLC coffee afterwards	29 Good Friday- Centre Closed	30	31
1	2	Notes				

# April 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Ross MacPhail- Ted Talk	2 Casual drop-in Wycliffe Room 1-3 p.m.	3	4 10:00 A.M. Walking at AFLC coffee afterwards	5 Brandie Hand Health	6	7
8 Harry Hoquard- Prsonal talk and discussion	9 Casual drop-in Wycliffe Room 1-3 p.m.	10	11 10:00 A.M. Walking at AFLC coffee afterwards	12 Brandie- Balance	13	14
15 Phil Rose Donahue; Staphanie Nicolo Aurora Cultural Centre	16 Casual drop-in Wycliffe Room 1-3 p.m.	17	18 10:00 A.M. Walking at AFLC coffee afterwards	19 General discussion and update	20	21
22 Ross MacPhail- Ted Talk	23 Casual drop-in Wycliffe Room 1-3 p.m.	24	25 10:00 A.M. Walking at AFLC coffee afterwards	26 No meeting- Set up for the garage sale	27	28
29 Don Cameron- Great Loop Boat Cruise	30 Casual drop-in Wycliffe Room 1-3 p.m.	1	2	3	4	5
6	7	Notes				

# May 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
29	30	1	2 10:00 A.M. Walking at AFLC coffee afterwards	3 Brandie- Exercise	4	5
6 June Sinclair- Charity Walk for service dogs	7 Casual drop-in Wycliffe Room 1-3 p.m.	8	9 10:00 A.M. Walking at AFLC coffee afterwards	10 Vanessa Skendos- Foot Health	11	12
13 Ross MacPhail- Ted Talk	14 Casual drop-in Wycliffe Room 1-3 p.m.	15	16 10:00 A.M. Walking at AFLC coffee afterwards	17 Brandie- Exercise	18	19
20 Victoria Day - ASA Closed	21 Casual drop-in Wycliffe Room 1-3 p.m.	22	23 10:00 A.M. Walking at AFLC coffee afterwards	24 Constable Danielle Stroud - Community Service	25	26
27 Joanne Witt- York Region Food Network	28	29	30 10:00 A.M. Walking at AFLC coffee afterwards <b>Bocce 1:00 p.m.</b>	31 Harold Reiter- trip to Japan <b>Lunch</b> <b>at the Aurora Legion</b> <b>11:45</b>	1	2
3	4	Notes				

# June 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
27	28	29	30	31	1	2
3 Ross MacPhail- Ted Talk	4	5	6 10:00 A.M. Walking at AFLC coffee afterwards <b>Bocce 1:00 p.m.</b>	7 9:00 a.m. - 1:00 p.m. Seniors Expo - Newmarket Senior's Centre	8	9
10 Brandie - Exercise Program - Discussion to follow	11	12	13 10:00 A.M. Walking at AFLC coffee afterwards <b>Bocce 1:00 p.m.</b>	14 Dr. Greg McCann- Doctor for Team Canada 1972 Summit Series	15	16
17 Ted Talk - Discussion	18	19	20 10:00 A.M. Walking at AFLC coffee afterwards <b>Bocce 1:00 p.m.</b>	21 Yoga with Sandy Bundy	22	23
24 Member Update - Open discussion	25	26	27 <b>Bocce 1:00 p.m.</b>	28 Brandie - Exercise Program - Discussion to follow	29	30
1	2	Notes				

# July 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Canada Day - ASA CLOSED <b>Men's Shed Marshalling Town Parade</b>	2	3	4 <b>Bocce 10:30 am- 12:30p.m.</b>	5 Probus Club- John Vanderwielen	6	7
8 Ross MacPhail- Ted Talk	9	10	11 <b>Bocce 10:30 am- 12:30p.m.</b>	12 Jennifer Baker York Fire Dept. Safety Tips Lunch @ Legion 11:45	13	14
15 Jim Priestly	16	17	18 <b>Bocce 10:30 am- 12:30p.m.</b>	19 Brandie - Exercise Program - Adele Balance Discussion to follow	20	21
22 Ross MacPhail- Ted Talk	23	24	25 <b>Bocce 10:30 am- 12:30p.m.</b>	26 Connecting Communities Lunch @ Legion 11:45	27	28
29 Heart to Home Terry Saley- Food Samples	30	31	1	2	3	4
5	6	<i>Notes</i>				

# August 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
29	30	31	1 Bocce 10:30 am-12:30p.m.	2 Recreational Programmer- Jason Malone	3	4
5 Civic Holiday - Centre Closed	6	7	8 Bocce 10:30 am-12:30p.m.	9 Brandie- Exercise Video Lunch @ Legion 11:45	10	11
12 Ted Talk	13	14	15 Bocce 10:30 am-12:30p.m.	16 Lisa Mooy - Immigrant Welcome Centre	17	18
19 Iranian Cultural Presentation	20	21	22 Bocce 10:30 am-12:30p.m.	23 Dave- Men's Fit Lunch @ Legion 11:45	24	25
26 Ted Talk	27	28	29 Bocce 10:30 am-12:30p.m.	30 Mayor Tom Mrakas	31	1
2	3	Notes				

# September 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
26	27	28	29	30	31	1
2	3	4	5	6	7	8
Labour Day - Centre Closed		Hobby and Volunteer Expo 10 am- 2 pm (lunch included)	Walking 9:30 Bocce 10:30 - 12:30	Brandie Exercise	Senior's Active Living Fair 9 am - 1 pm (table)	
9	10	11	12	13	14	15
Ted Talk- Ross MacPhail			Walking 9:30 Bocce 10:30 - 12:30	Try It Day for Men's Shed Coffee Donuts/ Cookies		
16	17	18	19	20	21	22
Michelle Lomano - Spectrum Assisted Living			Walking 9:30 Bocce 10:30 - 12:30	Delmanor- Kelly Jones Lunch afterwards		
23	24	25	26	27	28	29
Rob Brown- Snowbirds	Hosts @ Town Square 6:15-9:00 pm		Walking 9:30 Bocce 10:30 - 12:30	Leo Ralph - Crime Stoppers		
30	1	Notes				
Truth and Reconciliation Day - Ross MacPhail						

# October 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30	1	2	3	4	5	6
				Val Wilson- Lung and Health Foundation +		
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
4	5	Notes				

# November 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1
2	3	<i>Notes</i>				

# December 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	<i>Notes</i>				